

Supplement Facts

Serving Size: 1 Packet

Amount per Serving		% Daily Value
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1 Energizer Tablet Contains:

Vitamin A (as palmitate 50%, <i>D. salina</i> Beta-Carotene 50%)	5000 I.U.	100%
Vitamin C (Ascorbic Acid)	200 mg	333%
Vitamin D (Cholecalciferol)	200 I.U.	50%
Vitamin E (dl-Alpha Tocopheryl Acetate)	100 I.U.	333%
Thiamin (as Mononitrate)	1.5 mg	100%
Riboflavin (Vitamin B2)	1.7 mg	100%
Niacin (as Niacinamide)	20 mg	100%
Vitamin B6 (as Pyridoxine HCl)	2 mg	100%
Folate	200 mcg	50%
Vitamin B12 (as Cyanocobalamin)	6 mcg	100%
Biotin	50 mcg	17%
Pantothenic Acid (as d-Calcium Pantothenate)	10 mg	100%

1 Antioxidant Tablet Contains:

Vitamin A (as palmitate 50%, <i>D. salina</i> Beta-Carotene 50%)	5000 I.U.	100%
Vitamin C (Ascorbic Acid)	300 mg	500%
Vitamin E (dl-Alpha Tocopheryl Acetate and d-Alpha Tocopheryl Succinate)	100 I.U.	333%
Selenium (as Amino Acid Complex)	50 mcg	70%

1 B Complex Tablet Contains:

Thiamin (as Mononitrate)	5 mg	333%
Riboflavin (Vitamin B2)	5 mg	294%
Niacin (as Niacinamide)	25 mg	125%
Vitamin B6 (Pyridoxine HCl)	10 mg	500%
Folate	200 mcg	50%
Vitamin B12 (as Cyanocobalamin)	20 mcg	333%
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	20 mg	200%

1 Mineral Tablet Contains:

Calcium (as Carbonate, Citrate)	150 mg	15%
Iron (elemental, from pentacarbonyl)	4 mg	22%
Iodine (as Potassium Iodide)	50 mcg	33%
Magnesium (as Glycinate, Oxide)	75 mg	19%
Zinc (Gluconate)	30 mg	200%
Selenium (as l-Selenomethionine, Amino Acid Complex)	10 mcg	14%
Copper (as Amino Acid Chelate)	2 mg	100%
Manganese (as Amino Acid Chelate)	1.5 mg	75%
Chromium (as Amino Acid Chelate)	75 mcg	63%
Molybdenum (as Amino Acid Complex)	50 mcg	67%
Potassium (as Chloride)	49 mg	1%
Boron (as Amino Acid Chelate)	50 mcg	*

* Daily Value not established

Other Ingredients: Dicalcium phosphate, dextrates, silicon dioxide, modified cellulose, sodium starch glycolate, stearic acid, magnesium stearate, croscarmellose sodium, rice bran, orange juice powder, pineapple juice powder, apple juice powder, tomato, carrot, beet root, spinach, celery, broccoli, asparagus, green bell pepper, shitake mushroom and titanium dioxide